

| Program Name  | Program Date | Program Time | Location                                       |
|---|--------------|--------------|--|
| Bogota Moves Together Walking Program                   | 5/11/2026    | 10:00 AM     | Feigel Field                                   |
| Chair Yoga  | 5/12/2026    | 11:15 AM     | Senior Center                                  |
| Salsa Night   | 5/12/2026    | 7:00 PM      | Isabel's School of Dance                       |
| Creative Art & Wellness                                 | 5/14/2026    | 12:00 PM     | Senior Center                                  |
| Bogota Moves Together Walking Program                   | 5/15/2026    | 10:00 AM     | Feigel Field                                   |
| Bogota Moves Together Walking Program                   | 5/18/2026    | 10:00 AM     | Feigel Field                                   |
| Spring Into Healthy Eating                              | 5/19/2026    | 1:00 PM      | Senior Center                                  |
| Salsa Night   | 5/19/2026    | 7:00 PM      | Isabel's School of Dance                       |
| CarFit  | 5/20/2026    | 3:00 PM      | ?  |
| Bogota Moves Together Walking Program                   | 5/22/2026    | 10:00 AM     | Feigel Field                                   |
| Chair Yoga  | 5/26/2026    | 11:15 AM     | Senior Center                                  |
| Fuel the Borough Employee Snack Cart                    | 5/26/2026    | 1:30 PM      | Borough Hall                                   |
| Salsa Night   | 5/26/2026    | 7:00 PM      | Isabel's School of Dance                       |
| Mid Bergen Community Health Night: Raising Healthy Kids | 5/28/2026    | 6:00 PM      | Hasbrouck Heights Senior Center / Hybrid Event |
| Bogota Moves Together Walking Program                   | 5/29/2026    | 10:00 AM     | Feigel Field                                   |
| Narcan Training   | 6/2/2026     | 1:00 PM      | Senior Center                                  |
| Salsa Night   | 6/2/2026     | 7:00 PM      | Isabel's School of Dance                       |
| Spring Into Healthy Eating: Protein Bones, & Strength   | 6/4/2026     | 1:00 PM      | Senior Center                                  |
| Bogota Moves Together Walking Program                   | 6/8/2026     | 10:00 AM     | Feigel Field                                   |
| Safe in the Sun: Poolside Sun Safety Program            | 6/8/2026     | 12:00 PM     | Bogota Swim Club                               |
| Fuel the Borough Employee Snack Cart                    | 6/9/2026     | 1:30 PM      | Borough Hall                                   |
| Salsa Night   | 6/9/2026     | 7:00 PM      | Isabel's School of Dance                       |
| Bogota Moves Together Walking Program                   | 6/12/2026    | 10:00 AM     | Feigel Field                                   |
| Bogota Moves Together Walking Program                   | 6/15/2026    | 10:00 AM     | Feigel Field                                   |
| Your Health On The Move Mobile Van                      | TBD          | TBD          | TBD  |